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Wells Elementary School • 276 Sanford Rd. • Wells, Maine 04090  
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April Noble, Principal

Theresa Curran, Assistant Principal

February 6, 2019

Dear Parents/Guardians:

As the Physical Education teacher at Wells Elementary School, I am writing to inform you of our upcoming "Kids Heart Challenge" event (formerly known as Jump Rope for Heart). All students in Multi and Graded 2-4 will be involved in this event during their Physical Education classes.

The Kids Heart Challenge is a valuable experience that educates our children about living a healthy lifestyle and the importance of community service. As part of the Physical Education curriculum, students are taught a variety of jump rope skills, the importance of cardiovascular fitness, and how to work as a team to help contribute to the fight against heart disease.

The American Heart Association campaign offers "thank you" gifts to anyone who raises money for their cause. (Your child will receive a collection packet. Students **are not** required to collect contributions. However, if they choose to collect donations, please follow the guidelines below:

- **Only** ask family and friends to sponsor you.
- **NO door-to-door solicitation**
- Students must present the pledge envelope with an "Approved Participant" sticker. **OR register online. Please refer to the collection envelope for details.**

There are 12 levels of prizes, WES has elected to have students earn only levels 1-9 for those who are eligible. ALL participants will receive the **Echo and Hero Clasp** for taking part in the event.

Specific dates and times will be sent home at a later date. Let's support the American Heart Association and their efforts to improve the cardiovascular health of all Americans.

Sincerely,

Ms. Calo WES Physical Education