

# Thanksgiving Charity Workout for Team Cam



**Thursday, November 22nd**  
**8:30 am**

Join members of the Spurling Fitness Community for a workout before the holiday festivities begin. Donations will be accepted in support of Cameren Cousins, a former outstanding Wells student-athlete who was diagnosed with stage 4 Hodgkin's Lymphoma and began treatments in August. All donations will be used to support both Cam and his family financially while he goes through treatments.



1 Alewife Rd. Kennebunk (directly across from I95 Southbound exit)