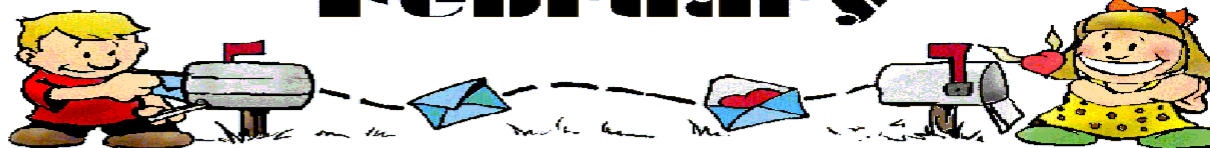


Wells Elementary School
Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Choices Smoothie Meal Deli Sandwiches PB & J		On Friday 2/1 our friends from 5210! Lets Go will be sharing their smoothie bike with WES during Lunch. All Students will be entered to win a chance at riding & students who try breakfast or make a healthy choice will earn an additional entry!			1 Fresh Made Pizza Choices Garden Salad Steamed Broccoli Mixed Berry Cups Cold Milk Choices
3 Alternate Choice Sloppy Joe PB&J Deli Choices	4 Ham & Cheese Croissant Garden Salad Mixed Vegetables Apple Sauce Cups Cold Milk Choices	5 Chicken Lo Mein Mixed Vegetable Stir Fry Garden salad Chilled Fruit Cups Cold Milk Choices	6 Grilled Cheese Tomato Soup Carrots Sticks & Cucumbers Chilled Pears Cold Milk Choices	7 Penne Pasta & School Made Meat Sauce Whole Grain Garlic Roll Garden Salad Fresh Fruit Cold Milk Choices	8 Seasoned Beef Tacos Brown Rice, Steamed Corn Shredded Cheese, Lettuce, Tomatoes, Salsa Black Beans, Chilled Mixed Fruit, Milk Choices
10 Alternate Choice Chicken Parm Sandwich PB&J Deli Choices	11 Meatball Sub W/G Roll Steamed Broccoli Garden Salad Chilled Peaches Cold Milk Choices	12 Taco Haystacks W/G Tortilla Chips Seasoned Beef Lettuce, Tomatoes, Cheese Mixed Berry Cups Steamed Corn Cold Milk Choices	13 Chicken Patty On W/W Roll Carrot & Celery Sticks Garden Salad Chilled Strawberry Cups Cold Milk Choices	14 Roasted Pork Dinner Roasted Potatoes Warm Cinnamon Apples Mixed Vegetables Cold Milk Choices	15 Stuffed Crust Pizza Garden Salad Mixed Vegetables Apple Sauce Cups Cold Milk Choices
17 February Break 18th - 22rd					
24 Alternate Choices Chicken Caesar Wrap Deli Choices	25 Bacon Cheese Burger on W/W Roll Steamed Broccoli Garden Salad Chilled Peaches Cold Milk Choices	26 Popcorn Chicken Mashed Potatoes & Gravy Steamed Corn Fresh Carrots & Bell Peppers Apple Sauce Cold Milk Choices	27 Grilled Cheese Chicken Noodle Soup Steamed Green Beans Garden Salad Chilled Pears Cold Milk Choices	28 Roasted Chicken Drumstick Mashed Red Potatoes Butternut Squash Garden Salad Apple Slices Cold Milk Choices	Lunch Prices \$2.75 Elementary K-8 \$3.00 Grades 9-12 \$.40 Reduced K-12 \$4.80 Adult Lunch \$.60 Milk

This Institution is an equal opportunity provider