

WELLS RECREATION

mini

WARRIORS

FIELD X HOCKEY

WHEN: Sunday Mornings
September 8th - October 13th (Rain Date October 20th)
8:00am - 9:00am: Grades K - 2
9:00am - 10:00am: Grades 3 - 6

WHERE: Wells High School Practice Field

COST: Registration Only (includes t-shirt) = **\$42**
or
Registration + Equipment Package (includes t-shirt) = **\$77**
Visit www.wellsrec.org to register!

COACHES: Amanda Ledoux, Mallory Pollard, Nicole Breton & Meaghan Ham

UPDATE Our program was selected as one of USA Field Hockey's FUNDamental Field Hockey Grant Recipients! **We will have sticks available for use during sessions at no cost to players/parents.** We only have limited quantities. Please send an email to wellsminiwarriors@gmail.com if you are interested.

Questions? Email us at wellsminiwarriors@gmail.com or
Like/follow us on Facebook at **Mini Warriors - Wells Youth Field Hockey**

Equipment Needed

- ◇ Stick
- ◇ Shin Guards
- ◇ Mouth Guard
- ◇ Goggles*

*Grades 3-6 Required, K-2 Recommended

Equipment Packages are available for purchase during registration! (Includes: wood stick, ball, shin guards, and mouth guard)

Goggles are purchased separately!

How to Size a Stick

PLAYER HEIGHT	STICK SIZE
4 & UNDER	28"
4'1" - 4'3"	30"
4'4" - 4'6"	32"
4'7" - 5'	34"
5'1" - 5'3"	35" - 35.5"
5'4" - 5'9"	36" - 36.5"
5'10" & OVER	37" - 37.5"